



safeTALK T4T Overview and Schedule

Day One (onsite)

0815-1200 Part 01a: Participate and observe an actual safeTALK

Each safeTALK trainer candidate will be notified of the half of safeTALK that they are to prepare to present.

1200-1230 Lunch (provided on or near the training site)

1230-1700 Part 02a: Self-directed study and presentation preparation

Candidates use the *safeTALK T4T Study Guide* to enhance their understanding of safeTALK.

Day Two (onsite)

0830-1200 Part 1: Meeting, experiencing and integrating

Candidates will experience an annotated demonstration of safeTALK in which they will take a participant/learner role. Candidates will begin to integrate what they experience from a participant's perspective with what they have learned about the training process.

1200-1230 Lunch (provided on or near the training site)

1230-1600 Part 2: Presenting, participating and discussing

Each candidate demonstrates a part of the half of safeTALK they were assigned just as if they were doing it in an actual safeTALK training. Other candidates will act as if they are participants during the demonstration. Each candidate provides a brief overview of the purpose of that part and answers such questions as:

1. What might the participants be thinking and feeling when they participate in or hear this part?
2. Why does a particular part occur here within safeTALK?
3. How does this part of safeTALK fit with or illustrate any of the fundamental assumptions about suicide found in *Essential Information for safeTALK Trainer Candidates*.
4. What did I discover about learning to present this part that would be helpful to share with my fellow candidates?

1600-1700 Part 3: Reviewing, planning and goodbyes

A look back and a look forward to a new trainer's first safeTALK presentation, including some tips on implementation, use of technology, and policies and procedures that all

safeTALK trainers are expected to follow. *safeTALK Trainer Agreements* and starter participant *safeTALK Resource Kits* will be distributed.

Post-T4T

Preparation: Reading, preparing and considering

Self-organized, from the end of the T4T until the new trainer's first safeTALK training.